

# **BEGINNERS COURSE PROGRAM - 12 HOURS**

### 1st Day | 2 hours

- Welcome and stage presentation
- 3 basic concepts: grip, stance and swing
- Material knowledge: clubs, balls, etc.

## 2nd Day | 2 hours

- Warm up
- Revising basic (grip, stance and swing)
- Putt introduction

## 3rd Day | 2 hours

- Warm up
- Short game introduction: approach and putt

### 4th Day | 2 hours

- Warm up
- Long game introduction: driver, woods and hybrids

### 5th Day | 2 hours

- Short game: bunker introduction
- Rules of golf
- Review of basic swing concepts.

### 6th Day | 2 hours

- Warm up
- Playing on the course with the PRO (3 holes)

### The Golf School Director reserves the right to change de program



## **ADVANCED STAGE PROGRAM - 12 HOURS**

### 1st Day | 3 hours

- Welcome and stage presentation
- Video analysis on different game areas : Long Game, Short Game, Putting and Approach
- Physical body analysis with help of the TPI System

#### 2nd Day | 2 hours

- Specific warm up
- Revising the key points of the swing and personalized training
- Driving, long irons, Approach, shots on slopes workshop

#### 3rd Day | 2 hours

- Specific warm up
- Short Game Workshop: Chipping, Lob Shop, Bunker and Pitching
- Training on key points

#### 4th Day | 3 hours

- Warm up on the Driving Range
- Playing on the course with the PRO including round analysis

#### 5th Day | 3 hours

- Warm up on the Driving Range
- Playing on the course with the PRO including round analysis
- Final evaluation on the completed program

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# **GAME STRATEGY PROGRAM - 6 HOURS**

### 1st DAY | 3 hours

- Specific warm up
- 3 hours Long Game: Training with video analysis
- Short Game Workshop: Strategy and technique No more three Putts!

## 2nd Day | 3 hours

- Specific warm up
- 9 holes with the PRO including round evaluation and video analysis
- Round Strategy

The Golf School Director reserves the right to change de program